

The Venue

WWAMI Medical Education Program's Anatomy Training Lab and Classroom

3rd floor
803 South Main Street
Moscow, ID 83843

Free Parking

Free parking available throughout the duration of this 3-day, in-person training. Details provided following registration.



Course Objectives

- » Demonstrate adequate knowledge of the functional anatomy of the foot, ankle and lower leg.
- » Perform a complete evaluation and diagnosis of common biomechanical problems of the foot and lower leg.
- » Establish an understanding of orthotic management and footwear.
- » Demonstrate common manual therapy techniques and therapeutic exercise.
- » Demonstrate advanced intervention and management strategies of common foot and ankle pathologies.



ADVANCED

Foot & Ankle Course

June 4-6, 2021 | Moscow, ID

HOSTED BY
N. Idaho AHEC
& Idaho WWAMI

SUPPORT FROM
NW Podiatric
Laboratory

Course Instructor



Ed Robertson, PT,
has nearly three
decades of orthopedic
experience as a Clinic
Owner, Department
Director, and the Lead
Clinician at Summit

Therapy in Pullman, WA. Robertson
has developed a successful evaluation
and treatment protocol for foot and
ankle diagnoses. His treatment
approach incorporates a range of
techniques including manual therapy,
unique taping strategies and a novel
therapeutic exercise regimen.

**Register today to
reserve your seat!**

Capacity for this in-person
event is capped at 22 students.

\$350 registration fee

This course is eligible for 14.25
Continuing Education credits.

uidaho.edu/foot-ankle

208-885-0131
nidahec@uidaho.edu



SCAN TO
REGISTER

Featured Guest Lecturers



Christopher Arena, MD, is an award-winning orthopedic surgeon and foot, ankle, and lower extremity specialist. He is a member of the American Academy of Orthopedic Surgeons (AAOS), the

American Orthopedic Foot and Ankle Society (AOFAS) and was inducted into the American Orthopedic Association (AOA) Emerging Leaders program.



Timothy Messmer, DPM, is a board-certified podiatric surgeon. Dr. Messmer retired from private practice in 2020 after nearly three decades serving patients in Northwest Washington, specializing in

forefoot and midfoot reconstructive surgery, foot trauma, and sports-related injuries of the foot and ankle. He is currently the Medical Director of Northwest Podiatric Laboratory and insures sound biomechanical principles are followed and provides education/consultation to healthcare professionals.



Joshua Johnson, MS, is part of a team of anatomists in the WWAMI Medical Education program at the University of Idaho. After several years leading an immunohistochemical R&D

lab in Colorado, he moved to Moscow, Idaho, to help U of I's WWAMI Medical Education program bring their new cadaver lab online. He is currently pursuing a Doctorate in Education to further his career as an anatomist and medical educator.

Course Schedule

Day 1 Friday, June 4

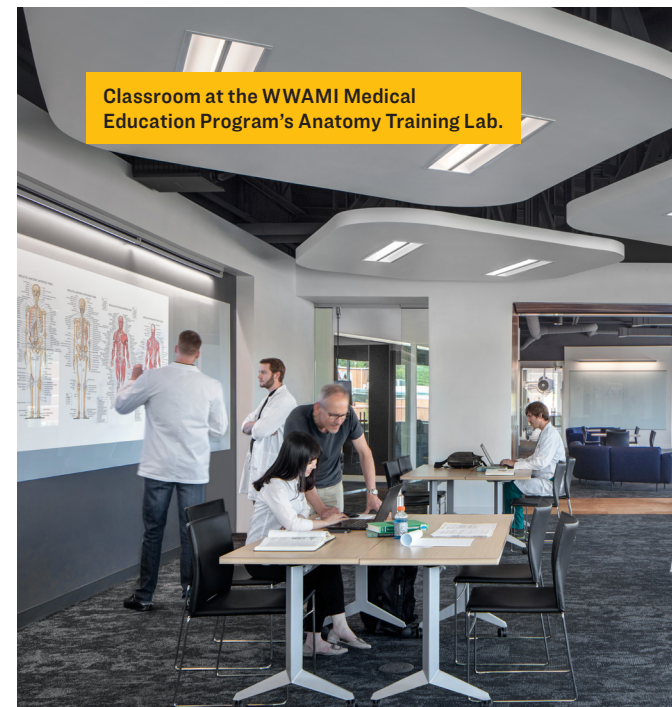
- 5:45-6:15 PM** Registration
- 6:30-8:00 PM** Anatomy Review
Projected specimens, surgeons present for lab stations

Day 2 Saturday, June 5

- 8:00-8:15 AM** Introduction/Orientation
- 8:15-9:30 AM** Biomechanics
-Planes, axes, motions
-Arthrokinematics
-Muscle functions
- 9:30-10:30 AM** Radiology/Imaging
-X-Ray, CT, MRI, bone scan
-Terminology
-Common findings & weird stuff
- 10:30-10:45 AM** Break
- 10:45-11:45 AM** Evaluation Lab
- 11:45-1:00 PM** Sponsored lunch provided by Northwest Podiatric Lab
Featuring a demo of the SmartCast digital custom orthotic system
- 1:00-1:45 PM** Common Foot Types
- 1:45-2:30 PM** Gait Lecture
-Biomechanics of walking versus running
- 2:30-3:30 PM** Gait Lab (Video Motion Analysis)
-Systematic observation strategy
- 3:30-3:45 PM** Break
- 3:45-5:00 PM** Joint Mobilization Lab

Day 3 Sunday, June 6

- 8:00-9:00 AM** Shoes: OTC Inserts versus Custom Orthotics
- 9:00-10:15 AM** Taping/Strapping Lab
-Techniques for Achilles tendon, High Ankle Sprain, Plantar fasciitis, Lateral ankle sprain
- 10:15-10:30 AM** Break
- 10:30 AM-12:00** Rehab Implications of New Surgical Techniques
- 12:00-1:00 PM** Lunch on your own
-Explore downtown Moscow
- 1:00-3:00 PM** Therapeutic Exercise Lab:
From the Butt to Big Toe
- 3:00-3:15 PM** Wrap up & Closing



Continuing Education

The University of Idaho, WWAMI Medical Education Program is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Idaho, WWAMI Medical Education Program designates this live activity for a maximum of 14.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in an activity.



This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number U77HP03022, for the WWAMI Area Health Education (WWAMI AHEC) Program Office and its five regional Centers in the total amount of \$836,630 for the 2020-2021 fiscal year (with a 1:1 total match of \$836,630 from non-federally funded governmental sources). This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.