

# FOOD & NUTRITION

## 2020/2021 Four-Year Plan

This document is for planning purposes only. For official degree information, refer to Degree Audit and speak with your advisor.

<b>YEAR 1 • FALL</b>	<b>MATH 143 or 170 Math Core</b> (Test Scores, MATH 108)	<b>3</b>	<b>YEAR 1 • SPRING</b>	<b>CHEM 275 or 277 Carbon Compounds or Organic Chemistry I</b> (CHEM 101 or 111)	<b>3</b>
	<b>CHEM 101 or 111 Intro to Chemistry or Principles of Chemistry</b> (Test Scores, CHEM 101, MATH 143)	<b>4</b>		<b>SOC 101 Intro to Sociology</b>	<b>3</b>
	<b>FCS 205 Concepts in Human Nutrition</b>	<b>3</b>		<b>ENGL 102 College Writing &amp; Rhetoric</b> (Test Scores/ENGL 101)	<b>3</b>
	<b>ELECTIVE Humanities</b>	<b>3</b>		<b>PSYCH 101 Intro to Psychology</b>	<b>3</b>
	<b>ELECTIVE Communication</b>	<b>3</b>		<b>BIOL 115/115L or 250/255 Cells and the World Around Us/Lab</b> (CHEM 101 or 111)	<b>4</b>
	<b>TOTAL CREDITS</b>	<b>16</b>		<b>TOTAL CREDITS</b>	<b>16</b>
<b>YEAR 2 • FALL</b>	<b>FCS 105 (F) or PSYC 305 Individual &amp; Family Development or Developmental Psychology</b>	<b>3</b>	<b>YEAR 2 • SPRING</b>	<b>EPPN 154/155 or 250/255 Microbiology &amp; the World Around Us/Lab or General Microbiology/Lab</b>	<b>4</b>
	<b>FCS 270 (F) Scientific Principles of Food Prep</b> (FCS Major)	<b>3</b>		<b>BIOL 228 (S) Anatomy &amp; Physiology II</b> (BIOL 227)	<b>4</b>
	<b>BIOL 227 (F) Anatomy &amp; Physiology I</b>	<b>4</b>		<b>FCS 275 (S) Experimental Foods</b> (FCS 270)	<b>2</b>
	<b>ELECTIVE FCS</b> (Advisor Approved)	<b>6</b>		<b>ELECTIVE General Education</b>	<b>3</b>
				<b>STAT 251 Statistical Methods</b> (MATH 108, 143, 160 or 170)	<b>3</b>
	<b>TOTAL CREDITS</b>	<b>16</b>		<b>TOTAL CREDITS</b>	<b>16</b>
<b>YEAR 3 • FALL</b>	<b>FCS 486 (F) Nutrition in the Life Cycle</b> (FCS 205)	<b>3</b>	<b>YEAR 3 • SPRING</b>	<b>ELECTIVE FCS</b>	<b>2</b>
	<b>ELECTIVE FCS</b>	<b>2</b>		<b>FCS 411 (S) Global Nutrition</b>	<b>3</b>
	<b>BIOL 300 (F) Survey of Biochemistry</b> (CHEM 275)	<b>3</b>		<b>FCS 492 Nutrition Education in the Life Cycle</b> (FCS 205, 275, 486)	<b>3</b>
	<b>ELECTIVE General Education</b> (Advisor Approved)	<b>6</b>		<b>ELECTIVE General Education</b> (Advisor Approved)	<b>3</b>
				<b>ACCT 201 Accounting</b>	<b>3</b>
	<b>TOTAL CREDITS</b>	<b>14</b>		<b>ELECTIVE Humanities</b>	<b>3</b>
<b>YEAR 4 • FALL</b>	<b>FCS 361 (F) Advanced Nutrition</b> (FCS 205, BIOL 227, 228, 300)	<b>3</b>	<b>YEAR 4 • SPRING</b>	<b>FCS 362/389 Introduction to Clinical Nutrition/Lab</b>	<b>4</b>
	<b>FCS 473 Community Nutrition</b> (FCS 270)	<b>3</b>		<b>FCS 387 Food Systems Management</b> (FCS 384)	<b>3</b>
	<b>FCS 384/385L Quantity Food Production &amp; Equipment</b> (FCS 270)	<b>5</b>		<b>ELECTIVE General Education</b> (Advisor Approved)	<b>6</b>
	<b>FCS 463 Helping Skills in Dietetics</b>	<b>3</b>		<b>ELECTIVE FCS</b>	<b>1</b>
	<b>TOTAL CREDITS</b>	<b>14</b>		<b>TOTAL CREDITS</b>	<b>14</b>

COURSE # Course Name (Prerequisites, Co-Requisites)

F = FALL, S = SPRING



**University of Idaho**

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