



**Enroll in ZSuite Under this Project Name:** ART-HANDWORK FROM OUR HERITAGE

*Approved for 2024-25 Project Year*

**Project Description:** Youth will choose a traditional handcraft area with a history of at least 100 years. Skills will be acquired through research and/or learning from community members with experience in the art form. Project may be repeated multiple years, building new skills in each year.

#### REQUIRED YOUTH CURRICULUM

[Handwork From Our Heritage](#) (#23120), 2006

[ZSuite 4-H Involvement Report](#)

[ZSuite 4-H Project Record Book](#)

#### REQUIRED VOLUNTEER CLUB LEADER CURRICULUM

[Handwork From Our Heritage Leader's Guide](#) (#23122), 2006

#### SUPPLEMENTAL RESOURCES

If you are planning to take your project in Area E: Quilting (Patchwork, Applique, or Embroidered Quilt) it is highly recommend that you take the Idaho 4-H Quilting Project from the Clothing, Textiles, and Design section of this handbook instead of Handwork from Our Heritage.



## PROJECT COMPLETION CHECKLIST

STATE REQUIREMENTS	
	Choose one traditional handcraft area and set at least three goals that they want to achieve. You are not limited to the specific areas listed in the manual.
	Learn and develop skills necessary to complete your goals and the area unit through research or instruction from a person in your community who has this skill.
	Write a history of the handwork you have chosen as your project area. Include when and where the handwork originated, what it was used for, and how and when it came to the United States. Be sure to cite your sources.
	Complete the specific unit requirements in the manual for your project area. You will complete a new unit each year you repeat the project.
	Complete the 4-H Project Record Book for this project in your ZSuite Member Account
	Fill out your 4-H Involvement Report in your ZSuite Member Account
	Give an oral presentation (speech, demonstration, or illustrated talk) to your 4-H peers on a topic related to this project. Recommended guidelines for length of oral presentations are: <ul style="list-style-type: none"> <li>• Junior: 5-8 minutes</li> <li>• Intermediate: 8-10 minutes</li> <li>• Senior: 10-12 minutes</li> </ul>

ADDITIONAL LOCAL REQUIREMENTS

FAIR EXHIBIT CHECKLIST	
	Completed Idaho 4-H Involvement Report (ZSuite)
	Completed Idaho 4-H Project Record Book for this project (ZSuite)
	Your report on the history of your chosen handcraft area
	Finished item(s) as listed in the exhibit requirements for the area and unit you completed this year

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