

## Clothing, Textiles & Design Sewing for Fun

Enroll in ZSuite Under this Project Name: CTD-SEWING FOR FUN

Approved for 2024-25 Project Year

**Project Description:** Beginning clothing members learn basic sewing concepts such as using a sewing

machine and/or a serger, learning to sew woven or knit fabrics, and basic clothing

construction.

## **REQUIRED YOUTH CURRICULUM**

Sewing for Fun (Nebraska 4H167), 2008

Sewing Skills Checklist

Sewing for Fun Packet (Nebraska 4H169), 2002

ZSuite 4-H Involvement Report

ZSuite 4-H Project Record Book

#### REQUIRED VOLUNTEER CLUB LEADER CURRICULUM

Sewing for Fun Leader's Guide (Nebraska 4H168), 1986

#### **SUPPLEMENTAL RESOURCES**

Note: It is recommended that youth participate in this project for 2 years before moving on to the Advanced Clothing project.

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### PROJECT COMPLETION CHECKLIST

STATE REQUIREMENTS		
Learn to use a sewing machine and/or a serger.		
Learn to sew on woven or knit fabric.		
Complete 25 of the skills listed on the sewing skills checklist each year.		
Develop these three basic construction skills:		
Straight seams		
Sew square or curved corners		
Use plain finish on seams		
Complete the 4-H Project Record Book for this project in your ZSuite Member Account		
Fill out your 4-H Involvement Report in your ZSuite Member Account		
Give an oral presentation (speech, demonstration, or illustrated talk) to your 4-H peers on a topic related		
to this project. Recommended guidelines for length of oral presentations are:		
Junior: 5-8 minutes		
Intermediate: 8-10 minutes		
Senior: 10-12 minutes		
Complete any supplemental forms or activities required at the County level for your project (see below)		
and submit to the County Extension Office by the date specified.		

ADDITIONAL LOCAL REQUIREMENTS	

FAIR EXHIBIT CHECKLIST
Completed Idaho 4-H Involvement Report (ZSuite)
Completed Idaho 4-H Project Record Book for this project (ZSuite)
Supplemental forms or materials required at the county level, submitted to the county Extension office by date specified
Sew For Fun Skills Checklist
Display one of the items you sewed from the Sewing for Fun packet (Needle book, square pin cushion, etc.)
<b>Note:</b> The sewing skills and techniques used for the exhibited item should be consistent with a beginning project.

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