



# CANYON COUNTY

# EXTENSION UPDATE

UNIVERSITY OF IDAHO, U.S. DEPARTMENT OF AGRICULTURE, AND IDAHO COUNTIES COOPERATING

## INSIDE THE ISSUE

### 4-H YOUTH DEVELOPMENT

Learn what an impact the 4-H has on youth and how youth are becoming leaders in 4-H.

### FALL FOLIAGE

Now accepting Canyon County Apprentice Master Gardener applications. Contact the Canyon County Extension Office for more information.

### FAMILY CONSUMER SCIENCES

Start off the fall season by distressing. Learn how de-cluttering can reduce stress.

## November's Note:

This month university of Idaho Extension employees review all they have done over the past year and report that information to their supervisors. As we spend this month reflecting on what we have done, we spend time thinking about how we do our work and why we do our work.

The University of Idaho Extension's vision is to build a thriving, prosperous, healthy Idaho. We know we could not do this without YOU. Thank you for the hours you spend volunteering. Thank you for the time you spend answering questions in plant clinics. Thank you for the lessons you prepare as club leaders. Thank you for providing support to programs by attending classes. Thank you for being a part of our Extension Family.





**ZSuite is Now OPEN for Enrollment!**



### 4-H Event Calendar November

- 10** Closed - Observed Veteran's Day
- 23-24** Closed - Thanksgiving

### Interested in 4-H?

To be placed on our **member interest list**, please fill out this survey [here](https://uidaho.co1.qualtrics.com/jfe/form/SV_7976EnbDw6oMEMm) or [https://uidaho.co1.qualtrics.com/jfe/form/SV\\_7976EnbDw6oMEMm](https://uidaho.co1.qualtrics.com/jfe/form/SV_7976EnbDw6oMEMm)

If you're interested in becoming a **volunteer**, please email [canyon@uidaho.edu](mailto:canyon@uidaho.edu) and we'll send you an application.

As of October 1, all 4-H enrollment will be rolled over to an inactive status. Zsuites is open for Members and volunteers to begin **re-enrolling** at [4h.zsuite.org](http://4h.zsuite.org).

Once a member has completed the online enrolled AND paid their member fees (\$25/member or \$32/horse member) they will be made active. Remember to select **ALL PROJECTS** you will be participating in when enrolling.

Volunteers are required to complete "University of Idaho Protecting Minors" and their public records review with Sterling Volunteers every 3 years. If you are unsure when those expire feel free to reach out to the Canyon County Extension Office at 208-459-6003.

Step by step instructional assistance for families and volunteers is available online. Assistance can be found [HERE](#), by reaching out to the ZSuite chat or by calling Canyon County Extension.

### 2022-2023 4-H Volunteer Recognition - Award Recipients

Canyon County 4-H loves to honor it's volunteers, the true pulse of the program. Earlier this month, we held our annual 4-H Volunteer Recognition Night to recognize some of our outstanding volunteers, members and supporters, as well as long serving volunteers and members.



**Friend of 4-H Award:**  
Paul Adams



**Outstanding Volunteer:**  
Miriam Haylett



**Outstanding Camp Counselor:**  
Riley Allen



**Distinguished Service Award:**  
Denece Whitley



District 11 Representative Julie Yamamoto & District 13 Representative Kenny Wroten presenting awards.





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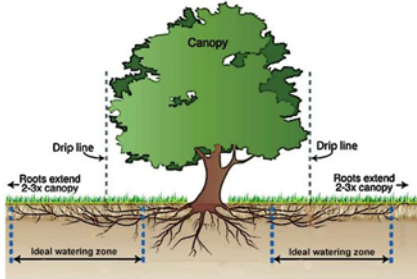
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## Planting Trees in the Fall? Let's Do This!

Fall is a great time to plant trees. What is the best way to plant them? Whether you plant them yourself, or you use a landscape contractor to plant your trees for you, there are recommended practices you should follow. Improper planting of trees, both in the nursery setting, and in the landscape setting, contribute to more tree deaths than all other factors combined! [Read more](#) to review what the current best management practices and minimum standards which should be followed when planting a tree.

Also, be the first to answer the following question and win an embroidered shirt from the Orma J. Smith Museum of Natural History. *How many bee species are found in the state of Idaho?* email: [kellyg@uidaho.edu](mailto:kellyg@uidaho.edu)

## Check Out Our Upcoming Events and Horticulture Classes This Month!

[Click HERE](#) for the Full Calendar (Then Click on Agenda)



## Is This True... Chrysanthemums Don't Help Pollinators?

I read this on the internet and wondered "Is this True?" Pollination is the process that takes place when pollen is moved between flowers for successful seed and food production and ensures that a plant or tree will produce mature fruit and a viable set of seeds that are capable of germination. What do birds and bees have to do with this? Birds, domestic honeybees, butterflies, and other insects and animals are responsible for the moving of the pollen among the flowers. Without the pollinators, there is no plant growth. Potted greenhouse mums that we see everywhere this time of year are not bred for their pollen, nectar, or accessibility to pollinators. Most are bred to have multiple petals which reduce accessibility to pollinators. Some good features about these mums is that they are bushy and provide cover for a variety of predators and parasites that naturally keep plant pests under control. [Click here to read the full article.](#)



## Frost, Freeze, or Hard Frost? It's That Time of Year...!

In this article you will learn about Idaho's average first frost date to give you accurate information for the county you live in and steps to take to help your plant survive as long as they can. Learn the definitions of "Frost", "Freeze", and "Hard Freeze", according to the [National Weather Service](#) and [Mark Longstroth with Michigan State University Extension](#) gives his explanation of the differences of each of these weather conditions.

## Accepting Applications Now for the 2024 Master Gardener Program!

Deadline is December 22, 2023  
Call 208-459-6003 or email [canyon@uidaho.edu](mailto:canyon@uidaho.edu)

**UI EXTENSION Master Gardener Program Starting January 2024**

**WHY BECOME A CANYON COUNTY MASTER GARDENER:**

- Learning!** Ever wanted to learn about soil, plants, chemistry and more through University expert? The comprehensive 16-week Apprentice Master Gardener Program is perfect for you! Learn everything about our local growing conditions!
- Volunteering!** Become part of the exciting Canyon County Master Gardener volunteer network, a valuable team member and expert! Join more than 75 individuals in helping the public in diverse ways!
- Helping Your Community!** Help at community events, volunteer at a community garden, diagnose problems at plant clinic, complete a site visit, post to social media, learn about IPM/science and MORE!!!

**Program Includes:**

- Class Materials
- MG Shirt & Name Badge
- Soil Sample Analysis
- Field Trips/Tours
- Discounts/Incentives
- CAMARADERIE & FUN!!!

**ACCEPTING APPLICATIONS NOW!**  
DEADLINE IS DECEMBER 22, 2023

To fill out an application please contact us:  
503 Main St., Caldwell ID  
208-459-4003  
<https://www.uidaho.edu/extension/county/canyon>

**University of Idaho Extension Canyon County**

"AUTUMN IS A SECOND SPRING WHEN EVERY LEAF IS A FLOWER."

## Family & Consumer Sciences

### Dementia Friends

A Dementia Friend learns about dementia and then turns that understanding into action. Dementia Friends USA is a part of a global movement that is changing the way people think act, and talk about dementia. You can become a Dementia Friend for FREE by joining our next an information session!

**Date: Wednesday, November 15th,**  
**Time: 6:30-8:00pm**  
**Location: 501 Main Street, Caldwell**

Register today by emailing  
canyon@uidaho.edu.



### Amigos de Demencia

Un amigo de la demencia es alguien que, a asistir a una sesión interactiva en vivo, aprende cómo es vivir con demencia y luego convierte esa comprensión en acción. ¡Puedes convertirte en un amigo con demencia GRATIS uniéndote a nuestra próxima sesión informativa!

**Fecha: 7 de Diciembre**  
**Tiempo: 6:00-7:30 pm**  
**Lugar: 501 Main Street, Caldwell**

**Fecha: 11 de Enero 2024**  
**Tiempo: 5:30-7:00pm**  
**Lugar: En línea**

Registrarse por correo electrónico:  
canyon@uidaho.edu



### Coping & Stress Management Workshop

We all get stressed, and we all need ways to cope with that stress. This stress management workshop is a hands on workshop designed to help you learn about stress, develop coping skills, and create a personalized plan to manage the unique stress you face in life.

**Date: Wednesday, January 31, 2024**  
**Time: 6:00-7:30pm**  
**Cost: \$5 per person**  
**Location: 501 Main Street, Caldwell**



### Mental Health Tip of the Month

Gratitude is a great tool for instantly improving your mental health. Here are three ways you can show gratitude today.

1. Start a gratitude journal. Write down 3 things you are grateful for each day.
2. Write a thank you note to someone each week. Choose a friend, family member, even stranger who you are thankful for and share it.
3. Make a goal to say thank you more often. Did someone hold the door open for you? Say thank you! Find small ways each day to say thank you.

## LIVESTOCK & SMALL ACREAGE

**ADVANCED RANCH  
MANAGEMENT SCHOOL  
DECEMBER 4-8, 2023  
HOSTED IN TWIN FALLS  
IDAHO**

The University of Idaho Advanced Ranch Management School is designed for mid-career to experienced ranchers. This school will enhance business and management skills and decision making to improve economic and resource sustainability of ranches.

**Cost: \$500/person or \$800/couple. Individual days \$150 each.**

**Contact Dr. John B. Hall,**  
**jbhall@uidaho.edu or**  
**208-756-2749 for more information and registration forms.**

**Do you want to increase your knowledge of:**

- Pasture establishment and management
- pasture grass varieties and grass seed
- the weeds you have and how to manage them
- different soil types, care, and management
- water rights and responsibility
- irrigation and irrigation systems
- grazing practices and fence building
- animal care and feeding
- properly housing livestock on your property

**Then please inquire about the upcoming pasture management course beginning in January 2024**

## CROPS

**Welcome Dr. Chellappa!**

The position of Canyon County Area Crops Educator has been filled. Dr. Jemila Chellappa has a Ph.D. in Soil Science, a MS in Soil Science and Agricultural Chemistry, and a BS degree in Agriculture. She worked as a post-doctoral fellow at Clemson University and most recently has taught agriculture courses at Oregon State University in La Grande, OR. She has considerable technical training in soil conservation, nutrient and manure management, and plant disease management. She is expected to start on November 20, 2023.



## Canyon County

**EXTENSION UPDATE**

## UPCOMING EVENTS

**Dementia Friends**

Wednesday, December 13 | 7:00 - 8:30pm

**Canyon County Extension**

Come learn about dementia through interactive activities. Receive a workbook and certificate. To register for this free class, contact the Canyon County Extension Office.

**Pesticide Safety Recertification Training**

Tuesday, November 21 | 2:00 - 3:00pm

Avoiding herbicide residual issues in cropping systems

Tuesday, November 28 | 2:00 - 3:00pm

Palmer Amaranth and Waterhemp,  
the troublesome pigweeds**Online - ZOOM**

Participants will receive one-Idaho State Department of Agriculture pesticide credit per webinar. Cost is \$10 per webinar. Scan the QR code to register.

**Succulents - Enjoy Winter with Your Indoor Succulent Garden**

Tuesday, November 28 | 5:30 - 7:00pm

**Middleton Public Library**

Learn how to grow succulents indoors, overview of succulent varieties, including care, fertilization, propagation, & container choice/design. To register for this free class, contact the Canyon County Extension Office.

**Holiday Wreath Making Workshop**

Saturday, December 2 | 10:00am - Noon

**Canyon County Extension**

Join us in this fun workshop and make your very own wreath for the holidays. Fresh greens and decorations will be provided. Cost is \$40/person. Contact the Canyon County Extension Office to register.

## FOLLOW US ONLINE!

[WWW.UIDAHO.EDU/CANYON](http://WWW.UIDAHO.EDU/CANYON)[FACEBOOK.COM/UIEXTENSIONCANYON/](https://FACEBOOK.COM/UIEXTENSIONCANYON/)[FACEBOOK.COM/2CMASSTERGARDENER/](https://FACEBOOK.COM/2CMASSTERGARDENER/)[FACEBOOK.COM/CANYONCOUNTY4H/](https://FACEBOOK.COM/CANYONCOUNTY4H/)[CANYON@UIDAHO.EDU](mailto:CANYON@UIDAHO.EDU)[@UIEXTENSION\\_CANYONCO](https://www.instagram.com/@UIEXTENSION_CANYONCO)[@2CMASSTERGARDENER](https://www.instagram.com/@2CMASSTERGARDENER)[@CANYONCOUNTY4H](https://www.instagram.com/@CANYONCOUNTY4H)

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