



Setting 4-H Goals

The skill of goal setting and working to achieve the goal is something 4-H strives to teach and have 4-Hers practice. It's a skill that will surely be used in the future. Setting goals can be as broad as a project area or as specific as relating to an exhibit a 4-Her plans to take to fair. As a 4-H member adds to her or his learning and skill set in a project area, goals should become more challenging and show further learning demonstrated.

WHAT IS A GOAL?

A GOAL is..... deciding what you want to do and learn in a 4-H project.

A GOAL is..... having a road map. It helps you decide how to get to where you want to go.

Set goals that:

- Are specific (not too general or broad)
- Meet your needs and interest
- Emphasize what you want to learn
- Provide you an opportunity for achievement
- Can be accomplished in a reasonable amount of time with the resources available
- Show progress over previous years (if you have been enrolled in this project before)

HOW TO WRITE A 4-H GOAL

A goal has 3 parts. A goal should tell:

1. The **action**: **how** you will do something
2. The **results**: **what** you will do
3. The **timetable**: **when** you plan to have it done.

	Action (how)	Result (what)	Timetable (when)
Example	I want to learn to photograph	Take pictures of the archery team	before our tournament
Goal 1	To Learn		
Goal 2	To Give		
Goal 3	To Train/Teach		

CONTROL TEST

Do your goals pass the control test? That is, do you have control over all parts of what happens? If you can answer "yes", your goals are ready.

You may use your goals to measure your progress in a 4-H project area or to prepare a specific exhibit (your knitted scarf) for fair.