

## Owyhee County 4-H Advanced Clothing - Sew Wow Checklist

Member's Name: \_\_\_\_\_ 4-H Club: \_\_\_\_\_

Current Year: 20\_\_ Number of years in Project \_\_\_\_\_ Age (as of January 1): \_\_\_\_\_

Age Division (circle one): Junior (8-10) Intermediate (11-13) Senior (14-18)

Project Description: Sew Wow explores advanced clothing construction and design. Youth complete activities and tasks from focus areas including sportswear, outdoor wear, western wear, formalwear, embellished apparel, tailored apparel, and pattern design.

This project is suggested as a multi-year project. Members must complete at least two of the Advanced Construction Skills each year. Older youth just entering the project are encouraged to move through levels at an accelerated rate to enhance their overall 4-H career learning experience.

See "Idaho 4-H Project Requirements Handbook" for more information about state requirements for this project. Submit this checklist annually with your project record book. This page will be new each year.

√	Requirement	Details	Date Completed	Leader Initials
	Enroll in 4-H and pay necessary dues.	Enroll at <a href="https://4h.zsuite.org/">https://4h.zsuite.org/</a> & pay enrollment fee to your 4-H leader before March 1.		
	Attend six or more club/project meetings.	Each member must attend six or more meetings to be eligible to participate in Fair.		
	Complete a community service project.	The project must be completed in Owyhee County.		
	Complete annual ethics training.	Each member must complete an ethics activity each year.		
	Give an oral presentation related to <u>this</u> project area.	Must be completed at a <input type="checkbox"/> Club or <input type="checkbox"/> County level. Topic: _____		
	Complete an Involvement Report.	Submit via ZSuite before Fair.		
	Complete a Non-Animal Record Book.	Submit via ZSuite before Fair.		
	Submit Fair entries.	Entries are open June 15-July 15. Entries are required to exhibit at Fair. Late entries will not be accepted.		
	Complete this Checklist and submit to your leader before Fair.	Must be signed by member, parent, and leader to be considered complete.		
	Choose a project focus area.	Select one project focus area per year that includes the clothing item(s), fabric, and construction skills you want to master: <input type="checkbox"/> Active/Sportswear <input type="checkbox"/> Embellished Apparel <input type="checkbox"/> Outdoor Wear <input type="checkbox"/> Tailored Apparel <input type="checkbox"/> Western Wear <input type="checkbox"/> Pattern Your Own <input type="checkbox"/> Formal Wear		
	Construct clothing item(s).	Construct two small or one large clothing item using appropriate fabric and requiring advanced construction skills within your selected focus area.		
	Complete project guide worksheets.	Complete the Project Summary, Garment Cost and Care Record, and Self-Evaluation worksheets in the project guide.		

I agree that the above requirements have been satisfactorily completed:

Member Signature \_\_\_\_\_

Date \_\_\_\_\_

Parent Signature \_\_\_\_\_

Date \_\_\_\_\_

Leader Name \_\_\_\_\_

Leader Signature \_\_\_\_\_

Date \_\_\_\_\_

<b>Active/Sportswear</b>	<b>Skills to Learn or Improve</b>	<b>Skills I Know</b>	<b>Date Completed</b>	<b>Leader's Initials</b>
Welt, flat fell, or other type of closed seam				
Hoods				
Zipper				
French or mock French seam				
Ribbing				
Elastic application in leg/arm openings				
Matching plaids				
Pleats				
Linings				
Other:				

<b>Outdoor Wear</b>	<b>Skills to Learn or Improve</b>	<b>Skills I Know</b>	<b>Date Completed</b>	<b>Leader's Initials</b>
Welt, flat fell, or other type of closed seam				
Seared edge finish on nylon fabric				
Princess-line seams				
Machine quilting				
Hand or machine stitched hem				
Decorative trims or cording				
Ribbings for cuffs, neckbands, or waistbands				
Hook and loop type closures				
Buttons, eyelets, and/or snaps				
Separating, exposed, or two-way zipper				
Zipper with a wind flap				
Pocket with zipper closure				
Other:				

<b>Western Wear:</b>	<b>Skills to Learn or Improve</b>	<b>Skills I Know</b>	<b>Date Completed</b>	<b>Leader's Initials</b>
Welt, flat fell, or other type of closed seam				
Yoke (straight or shaped)				
Serger seam				
Princess-line seams				
Piping				
Hand or machine stitched hem				
Decorative trims				
Ruffles				
Pockets				
Decorative snap				
Fringe edge				
Other:				

<b>Formal Wear:</b>	<b>Skills to Learn or Improve</b>	<b>Skills I Know</b>	<b>Date Completed</b>	<b>Leader's Initials</b>
Enclosed seam, French seam, or other type				
Princess seams				
Ruffles				
Hand or machine stitched rolled hem				
Specialty hem (lined or other method)				
Lace or other decorative item application				
Button loops				
Belt or other matching accessories				
Zipper (machine, hand, or invisible)				
Lining				
Boning				
Other:				

<b>Embellished Apparel:</b>	<b>Skills to Learn or Improve</b>	<b>Skills I Know</b>	<b>Date Completed</b>	<b>Leader's Initials</b>
Decorative stitching				
Quilting (machine or hand stitching)				
Dyeing				
Fabric piecing				
Shirring				
Lace or ribbon inset				
Pleating or pintucks				
Decorative serger seams, edges, or hems				
Machine embroidery				
Piping or cording				
Beading, sequins				
Painting				
Lace or ribbon appliqué				
Other:				

<b>Tailored Apparel:</b>	<b>Skills to Learn or Improve</b>	<b>Skills I Know</b>	<b>Date Completed</b>	<b>Leader's Initials</b>
Welt, flat fell, or other type of closed seam				
Bound seams				
Pad stitching; hand, machine, or fusible interfacing				
Shoulder pad construction				
Hand-stitched hem with interfacing				
Lining (partial or full)				
Two-piece sleeve				
Underlining and/or interlining				
Machine or bound buttonholes				
Lapels (notched, shawl, etc.)				
Zipper (machine, hand stitched, or invisible)				
Other:				

Pattern Your Own:	Skills to Learn or Improve	Skills I Know	Date Completed	Leader's Initials
Compose two or more different patterns from the same pattern company				
Compose two or more different patterns from different pattern companies				
Drafted pattern				
Computer created pattern				
Pattern made from a ready-to-wear garment				
Other:				