

Owyhee County 4-H Dutch Oven Cooking Unit 1 Checklist

Member's Name: _____ 4-H Club: _____

Current Year: 20 ____ Number of years in Project _____ Age (as of January 1): _____

Age Division (circle one): Junior (8-10) Intermediate (11-13) Senior (14-18)

Project Description: Learn how to select, care for, and stay safe around a Dutch oven. Cook a variety of foods outdoors. Dutch oven cooking requires lifting heavy ovens and handling hot coals, so this project is recommended for ages 12 and up. Dutch Oven Cooking Unit 1 must be completed before beginning Unit 2 or the member must seek club leader and/or 4-H Professional approval to advance a level.

See "Idaho 4-H Project Requirements Handbook" for more information about state requirements for this project. Submit this checklist annually with your project record book. This page will be new each year.

√	Requirement	Details	Date Completed	Leader Initials
	Enroll in 4-H and pay necessary dues.	Enroll at https://4h.zsuite.org/ & pay enrollment fee to your 4-H leader before March 1.		
	Attend six or more club/project meetings.	Each member must attend six or more meetings to be eligible to participate in Fair.		
	Complete a community service project.	The project must be completed in Owyhee County.		
	Complete annual ethics training.	Each member must complete an ethics activity each year.		
	Give an oral presentation related to <u>this</u> project area.	Must be completed at a <input type="checkbox"/> Club or <input type="checkbox"/> County level. Topic: _____		
	Complete an Involvement Report.	Submit via ZSuite before Fair.		
	Complete a Non-Animal Record Book.	Submit via ZSuite before Fair.		
	Submit Fair entries.	Entries are open June 15-July 15. Entries are required to exhibit at Fair. Late entries will not be accepted.		
	Complete this Checklist and submit to your leader before Fair.	Must be signed by member, parent, and leader to be considered complete.		
	Complete reflection questions.	Complete all reflection questions in the Dutch Oven Cooking Unit 1 member manual.		
	Complete Beyond Cooking activities.	Complete three Beyond Cooking activities.		
	Prepare recipes.	Prepare one item from each of the following categories: Soup or stew, One-dish meal, Vegetable, Quick bread, Dessert, Breakfast, Cooking on the lid.		
	Create a recipe book or file.	Create a recipe book or file that includes everything you cooked, plus additional recipes to equal at least eleven recipes in total.		

I agree that the above requirements have been satisfactorily completed:

Member Signature _____ Date _____

Parent Signature _____ Date _____

Leader Name _____

Leader Signature _____ Date _____