S.M.A.R.T. Goal Worksheet

Instructions: Develop a minimum of 3 goal statements and check to see that they are S.M.A.R.T. Revise until you can check off all blue boxes.

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| Goal Number | Goal Statement | Specific*What?**Who?**Why?**Where?* | Measurable*How much?**How often?**How many?* | Attainable*Achievable in next year?* | Relevant*Is relevant to your mission statement?* | Time-based*When?* |
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